

Beautiful New Beginnings Events
13/04/26- 14/05/26

Forest School Little Wood 13th April 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-little-wood-2026-04-13-10-00>

The Season's Program - A guide for parents and carers 13th April 6pm online

Join one of our BNB Seasons Practitioners for a breakdown of the Seasons course, learn the tools and techniques to support your child at home ensuring they get the very best out of the program.
<https://www.beautifulnewbeginnings.co.uk/event-details/the-seasons-program-a-guide-for-parents-and-carers-9>

Forest School Norris Green 14th April 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-norris-green-2026-04-14-10-00>

Forest School Karonga Gardens 14th April 1pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-karonga-gardens-2026-04-14-13-00>

Adult's Theta Healing Meditation Class 14th April 7.40pm

Join us for a deeply relaxing guided meditation with energy healing to support releasing self limiting beliefs.
<https://www.beautifulnewbeginnings.co.uk/event-details/adults-theta-healing-meditation-classes-2026-04-14-19-40>

Forest School Tower Hill Eco Therapy Gardens 15th April 10am and 12pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-04-15-10-00>
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-04-15-12-00>

Stay And Play Rainhill Village Hall 16th April 9am

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!
<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-rainhill-2026-03-26-09-00>

Forest School Carr Lane Woods 16th April 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-carr-lane-woods-2026-04-16-10-00>

Girls Only Water Wellbeing Dixons Broadgreen 16th April 7.45pm

This fun and empowering swim session combined with water-based mindfulness activities, helping to build confidence, improve physical wellbeing, and encourage connection with others in a supportive, all-girls environment.

<https://www.beautifulnewbeginnings.co.uk/event-details/girls-only-water-wellbeing-and-paddle-board-skills-session-ages-10-17-2026-04-16-19-45>

Forest School Court Farm Woods 17th April 10am and 12pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-04-17-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-04-17-12-00>

Stay And Play West Derby 17th April 1pm

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!
<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-west-derby-2026-03-27-13-00>

Forest School Little Wood 20th April 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-little-wood-2026-04-20-10-00>

Forest School Norris Green 21st April 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-norris-green-2026-04-21-10-00>

Forest School Karonga Gardens 21st April 1pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-karonga-gardens-2026-04-21-13-00>

Family Mindfulness Session 21st April 6.30pm

Adults and Children are welcome to attend together to explore a variety of mindfulness activities to promote wellbeing.

<https://www.beautifulnewbeginnings.co.uk/event-details/family-mindfulness-sessions-2026-04-21-18-30>

Forest School Tower Hill Eco Therapy Gardens 22nd April 10am and 12pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-04-22-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-04-22-12-00>

Forest School Carr Lane Woods 23rd April 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-carr-lane-woods-2026-04-23-10-00>

Forest School Court Farm Woods 24th April 10am and 12pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-04-24-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-04-24-12-00>

Community Wellbeing Session Royal School For The Blind 24th April 11am

A session for parents and carers of children who attend the Royal School For the Blind to connect and enjoy some meditation and mindfulness activities.

Forest School Little Wood 27th April 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-little-wood-2026-04-27-10-00>

Transition Support - Starting Secondary Online 27th April 6pm

A zoom presentation for parents of children starting secondary school, to support the transition process.

<https://www.beautifulnewbeginnings.co.uk/event-details/transition-support-starting-secondary>

Forest School Norris Green 28th April 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-norris-green-2026-04-28-10-00>

Forest School Karonga Gardens 28th April 1pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-karonga-gardens-2026-04-28-13-00>

Coffee Evening For SEND parents and carers: adult only event 28th April 7pm

Has your child been diagnosed with an additional need or disability or are you currently on a waiting list? Come along to our coffee evening, meet other parents and carers, share your experiences and listen to our guest speakers who are there to support and guide you on the journey.

Link to book coming soon.

Forest School Tower Hill Eco Therapy Gardens 29th April 10am and 12pm

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-04-29-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-04-29-12-00>

Forest School Carr Lane Woods 30th April 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-carr-lane-woods-2026-04-30-10-00>

Girls Only Water Wellbeing Dixons Broadgreen 30th April 7.45pm

This fun and empowering swim session combined with water-based mindfulness activities, helping to build confidence, improve physical wellbeing, and encourage connection with others in a supportive, all-girls environment.

<https://www.beautifulnewbeginnings.co.uk/event-details/girls-only-water-wellbeing-and-paddle-board-skills-session-ages-10-17-2026-04-30-19-45>

Forest School Court Farm Woods 1st May 10am and 12pm

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spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-05-01-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-05-01-12-00>

Wellbeing Walk Croxteth Park 1st May 10am

Everyone is welcome as we walk for wellness. Led by a holistic wellbeing practitioner who you are welcome to chat to about wellbeing advice. Or simply enjoy a stroll in nature or connecting with others!

<https://www.beautifulnewbeginnings.co.uk/event-details/wellbeing-walks-croxteth-park-2026-05-01-10-00>

Forest School Court Farm Woods 1st May 12pm

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-05-01-12-00>

Children's Community Wellbeing Session 2nd May 1.15pm

Aimed at children aged 8-12 who want to learn more about breathwork, meditation, crystals and mindfulness activities that they can use to support their wellbeing and emotional regulation.

Link coming soon

Forest School Norris Green 5th May 10am

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-norris-green-2026-05-05-10-00>

Forest School Karonga Gardens 5th May 1pm

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-karonga-gardens-2026-05-05-13-00>

Wellbeing Warriors 5th May 6.30pm

A monthly session for children only, ages 8+. Learn a variety of wellbeing strategies to feel happy and healthy.

<https://www.beautifulnewbeginnings.co.uk/event-details/wellbeing-warriors-tuesday-evening-sessions-2026-05-05-18-30>

Forest School Tower Hill Eco Therapy Gardens 6th May 10am and 12pm

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spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-05-06-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-05-06-12-00>

Starting School Early Years zoom 6th May 6pm

Starting School is a big milestone and we're here to help and support you in supporting your child. We'll go through the early years expectations, how to support your child in preparing for school and how to understand the curriculum expectations.

<https://www.beautifulnewbeginnings.co.uk/event-details/starting-school-early-years-2>

Forest School Carr Lane Woods 7th May 10am

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-carr-lane-woods-2026-05-07-10-00>

Girls Only Water Wellbeing Dixons Broadgreen 7th May 7.45pm

This fun and empowering swim session combined with water-based mindfulness activities, helping to build confidence, improve physical wellbeing, and encourage connection with others in a supportive, all-girls environment.

<https://www.beautifulnewbeginnings.co.uk/event-details/girls-only-water-wellbeing-and-paddle-board-skills-session-ages-10-17-2026-05-07-19-45>

Forest School Court Farm Woods 8th May 10am and 12pm

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-05-08-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-05-08-12-00>

Forest School Little Wood 11th May 10am

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-little-wood-2026-05-11-10-00>

The Season's Program - A guide for parents and carers zoom 6pm 11th May

Join one of our BNB Seasons Practitioners online for a week by week breakdown of the Seasons course, learn the tools and techniques to support your child at home ensuring they get the very best out of the program.

<https://www.beautifulnewbeginnings.co.uk/event-details/the-seasons-program-a-guide-for-parents-and-carers-10>

Forest School Norris Green 12th May 10am

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-norris-green-2026-05-12-10-00>

Forest School Karonga Gardens 12th May 1pm

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-karonga-gardens-2026-05-12-13-00>

Adult's Theta Healing Meditation Class 12th May 7.40pm

Join us for a deeply relaxing guided meditation with energy healing to support releasing self limiting beliefs.

<https://www.beautifulnewbeginnings.co.uk/event-details/adults-theta-healing-meditation-classes-2026-05-12-19-40>

Forest School Tower Hill Eco Therapy Gardens 13th May 10am and 12pm

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-05-13-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-05-13-12-00>

Forest School Carr Lane Woods 14th May 10am

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<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-carr-lane-woods-2026-05-14-10-00>

Girls Only Water Wellbeing Dixons Broadgreen 14th May 7.45pm

This fun and empowering swim session combined with water-based mindfulness activities, helping to build confidence, improve physical wellbeing, and encourage connection with others in a supportive, all-girls environment.

<https://www.beautifulnewbeginnings.co.uk/event-details/girls-only-water-wellbeing-and-paddle-board-skills-session-ages-10-17-2026-05-14-19-45>

More links for stay and play sessions running throughout April coming very soon.

