

Forest School Carr Lane Woods 10am 19th March

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-carr-lane-woods-2026-03-19-10-00>

Stay And Play Prescot 1pm 19th March

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!
<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-prescot-2026-03-19-13-00>

Girls Only Water Wellbeing Dixons Broadgreen 19th March 7.45pm

This fun and empowering swim session combined with water-based mindfulness activities, helping to build confidence, improve physical wellbeing, and encourage connection with others in a supportive, all-girls environment.

<https://www.beautifulnewbeginnings.co.uk/event-details/girls-only-water-wellbeing-and-paddle-board-skills-session-ages-10-17-2026-03-19-19-45>

Forest School Court Farm Woods 20th March 10am and 12pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-03-20-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-03-20-12-00>

Stay And Play West Derby 20th March 1pm

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!

<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-west-derby-2026-03-20-13-00>

Children's Water Wellbeing Broadgreen 21st March 1.45pm

For boys and girls age 7-13 years. Come along to make friends, keep fit and improve your skills in the water while having fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/childrens-water-wellbeing-age-7-years-13-years-2026-03-21-13-45>

Forest School Little Wood 23rd March 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-little-wood-2026-03-23-10-00>

Forest School Norris Green 24th March 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-norris-green-2026-03-24-10-00>

Forest School Karonga Gardens 24th March 1pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-karonga-gardens-2026-03-24-13-00>

Coffee Evening For SEND parents and carers: adult only event 24th March 7pm Has your child been diagnosed with an additional need or disability or are you currently on a waiting list? Come along to our coffee evening, meet other parents and carers, share your experiences and listen to our guest speakers who are there to support and guide you on the journey. This month's focus is on supporting anxiety processing.

<https://www.beautifulnewbeginnings.co.uk/event-details/send-parents-coffee-evening-focus-on-supporting-anxiety>

Forest School Tower Hill Eco Therapy Gardens 25th March 10am and 12pm

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!
<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-03-25-10-00>

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-tower-hill-eco-therapy-garden-2026-03-25-12-00>

Stay And Play Rainhill Village Hall 9am 26th March

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!

<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-rainhill-2026-03-26-09-00>

Forest School Carr Lane Woods 10am 26th March

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-carr-lane-woods-2026-03-26-10-00>

Stay And Play Prescott 1pm 26th March

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!

<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-prescot-2026-03-26-13-00>

Forest School Court Farm Woods 27th March 10am

Forest School provides an incredible opportunity for babies and children to explore nature, to spend time outdoors, to increase their physical activity and ultimately have lots of muddy fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/forest-school-court-farm-woods-2026-03-27-10-00>

Stay And Play West Derby 27th March 1pm

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!

<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-west-derby-2026-03-27-13-00>

Children's Water Wellbeing Broadgreen 28th March 1.45pm

For boys and girls age 7-13 years. Come along to make friends, keep fit and improve your skills in the water while having fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/childrens-water-wellbeing-age-7-years-13-years-2026-03-28-13-45>

Spring Clean Your Energy Workshop 31st March 7pm

Energy Balancing & Relaxation Meditation with crystal healing.

Manifestation tips to raise your vibration & attract more good into your life.

Chord cutting activity to let go of unwanted energy.

(Link coming soon)

Wellbeing Walk Croxteth Park 1st April 10am

Everyone is welcome as we walk for wellness.

<https://www.beautifulnewbeginnings.co.uk/event-details/wellbeing-walks-croxteth-park-2026-04-01-10-00>

Stay And Play Rainhill Village Hall 2nd April 9am

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!

<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-rainhill-2026-04-02-09-00>

Stay And Play West Derby 3rd April 1pm

What to expect – Apart from tea, toast and a very warm welcome, you can expect your little one to have lots of fun! The session is run by Early Years Teachers so there'll be plenty of play based learning, songs, rhymes, games, crafts and activities to engage your little ones!

<https://www.beautifulnewbeginnings.co.uk/event-details/stay-and-play-west-derby-2026-04-03-13-00>

Wellbeing Warriors 7th April 6.30pm

A new monthly session for children only, ages 8+

. Learn a variety of wellbeing strategies to feel happy and healthy.

<https://www.beautifulnewbeginnings.co.uk/event-details/wellbeing-warriors-tuesday-evening-sessions-2026-04-07-18-30>

The Season's Program - A guide for parents and carers 13th April 6pm online

Join one of our BNB Seasons Practitioners for a breakdown of the Seasons course, learn the tools and techniques to support your child at home ensuring they get the very best out of the program.

<https://www.beautifulnewbeginnings.co.uk/event-details/the-seasons-program-a-guide-for-parents-and-carers-9>

Adult's Theta Healing Meditation Class 14th April 7.40pm

Join us for a deeply relaxing guided meditation with energy healing to support releasing self limiting beliefs.<https://www.beautifulnewbeginnings.co.uk/event-details/adults-theta-healing-meditation-classes-2026-04-14-19-40>

[s-2026-04-14-19-40](https://www.beautifulnewbeginnings.co.uk/event-details/adults-theta-healing-meditation-classes-2026-04-14-19-40)

The usual forest school sessions will also be running after the Easter Holidays and links for these will be added to the website soon.

We also have some paid sessions this month that can also be accessed through the following links:

Easter Event for families at Bright Park April 4th from 12pm

Come along for an unforgettable day of Easter fun! From egg hunts to puppet shows plus a meet and greet with the Easter Bunny this session is sure to be so much fun!

<https://www.beautifulnewbeginnings.co.uk/event-details/easter-at-bright-park-2>

Outdoor First Aid Qualification 7th April 10am, Prescot.

<https://www.beautifulnewbeginnings.co.uk/event-details/outdoor-first-aid-qualification>