


# Lunch Menu Week 1



w/c 4th November	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
<b>HOT MAINS</b>	Wholemeal Pizza & Wedges <span style="float: right;">V</span>	Cowboy Casserole with Pasta	Homemade Scouse with Crusty Bread & Pickled Beetroot	Ham Roast Dinner with Seasonal Vegetables & Roast New Potatoes	Fish Fingers with Chips & Garden Peas
	Vegetarian Chilli with Brown Rice <span style="float: right;">V</span>	Cheese & Onion Plate Pie with Carrots & Peas <span style="float: right;">V</span>	Cheesy Bean Pasta <span style="float: right;">V</span>	Twice Baked Jacket Potato <span style="float: right;">V</span>	Veggie Burger in a Bun with Chips <span style="float: right;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Raisins Cheese & Crackers <span style="float: right;">Ve V</span>	Vanilla Cheesecake <span style="float: right;">V</span>	Pineapple & Coconut Sponge <span style="float: right;">V</span>	Apple Flapjacks <span style="float: right;">V</span>	Cheese & Crackers <span style="float: right;">V</span>

**Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt**

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian  
Ve Vegan  
 Oily fish

# Lunch Menu Week 2



w/c 11th November	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Split pea	Chinese Sweetcorn	Leek & potato	Chef Choice
<b>HOT MAINS</b>	Tomato & Basil Pasta Bake with Homemade Garlic Bread <span style="color: green;">V</span>	Homemade Spanish Chicken with wholegrain Rice & Green Beans	Sausage & Homemade Mash with Gravy & Peas	Meatball Sub with Salad & Tortilla Chips	Homemade Battered Fish & Chips with Minted Mushy Peas
	Falafel Pittas <span style="color: green;">V</span>	Roasted Pepper & Cheese Tomato Quiche <span style="color: green;">V</span>	Homemade Macaroni Cheese Served with Peas <span style="color: green;">V</span>	Vegetable & Cheese Quesadillas <span style="color: green;">V</span>	Vegetable Curry & Rice <span style="color: green;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about today's special!</b>				
<b>DESSERT</b>	Fresh Fruit Salad <span style="color: green;">Ve</span>	Oat Cookies <span style="color: green;">V</span>	Apple & Oat Crumble with Pouring Cream <span style="color: green;">V</span>	Vanilla Sponge & Custard <span style="color: green;">V</span>	Cheese & Crackers <span style="color: green;">V</span>





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# Lunch Menu Week 3



w/c 18th November	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Leek & Potato	Red Pepper Soup	Tomato & Basil	Chef Choice
<b>HOT MAINS</b>	Cheesy Beans Pasta Bake <span style="float: right;">V</span>	Corned Beef Hash with Peas	Ham Roast Dinner with Seasonal Vegetables & Roast New Potatoes	Wholemeal Spaghetti Bolognese with Fresh Salad & Garlic Bread	Fish Fingers Tandoori Salmon  with Chips & Mushy Peas
	Cherry Tomato & Cheese Quiche with Salad <span style="float: right;">V</span>	Lentil Stew <span style="float: right;">Ve</span>	Twice Baked Jacket Potatoes <span style="float: right;">V</span>	Vegetarian Sausage Toasties <span style="float: right;">V</span>	Veggie Fingers <span style="float: right;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Sponge Cake & Custard <span style="float: right;">V</span>	Ginger Biscuits <span style="float: right;">V</span>	Fresh Fruit Salad <span style="float: right;">Ve</span>	Fresh Fruit Trifle <span style="float: right;">V</span>	Cheese & Crackers <span style="float: right;">V</span>

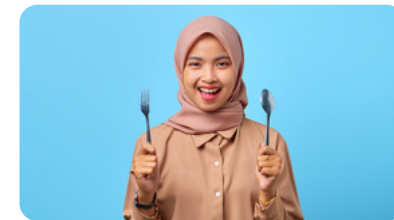


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# Lunch Menu Week 4



w/c 25th November	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Carrot & Coriander	Pea Soup	Red Pepper Soup	Chef Choice	Chef Choice
<b>HOT MAINS</b>	Wholemeal Pizza & Wedges <span style="color: green;">V</span>	Chicken Katsu Curry with Rice	Carbonara Penne Pasta Bake with Peas & Homemade Garlic Bread	Mince & Tatties	Homemade Battered Fish with Chips & Beans
	Spanish Omelette with Salad <span style="color: green;">V</span>	Broccoli & Cream Cheese Pasta Bake <span style="color: green;">V</span>	Vegetable & Rice Enchiladas <span style="color: green;">V</span>	Quorn Stovies <span style="color: green;">V</span>	Veggie Sausage Rolls <span style="color: green;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about today's special!</b>				
<b>DESSERT</b>	Fresh Fruit Salad <span style="color: green;">Ve</span>	German Apple Cake <span style="color: green;">V</span>	Sticky Toffee Pudding <span style="color: green;">V</span>	Scottish Shortbread <span style="color: green;">V</span>	Rich 'Chocolate' Cookies <span style="color: green;">V</span>



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# Lunch Menu Week 5



w/c 2nd December	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Chinese Sweetcorn	Chef Choice	Chef Choice	Chef Choice
<b>HOT MAINS</b>	Tomato & Basil Pasta <span style="color: green;">Ve</span>	Spaghetti & Meatballs	Sausage & Homemade Mash with Gravy & Peas	Chicken Curry with Wholemeal Rice & Homemade Onion Bhajis	Homemade Battered Fish with Chips & Minted Mushy Peas
	Cheese & Red Onion Quiche <span style="color: green;">V</span>	Cheese & Tomato Panini <span style="color: green;">V</span>	Macaroni Cheese <span style="color: green;">V</span>	Vegetable Biryani <span style="color: green;">V</span>	Spicy Singapore Noodles <span style="color: green;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Apple & Oat Crumble with Pouring Cream <span style="color: green;">V</span>	Homemade Rice Pudding with Strawberry Jam <span style="color: green;">V</span>	Iced Sponge Cake with Custard <span style="color: green;">V</span>	Fresh Fruit Salad <span style="color: green;">Ve</span>	Cheese & Crackers <span style="color: green;">V</span>




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# Lunch Menu Week 6



w/c 9th December	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
<b>HOT MAINS</b>	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread <span style="color: green;">Ve</span>	All Day Breakfast	Homemade Chicken Tikka Curry with wholegrain Rice, Green Beans & Mango Chutney	Homemade Cottage Pie with Peas & Carrots	Fish Fingers with Chips & Garden Peas
	Spanish Omelette <span style="color: green;">V</span>	Roasted Red Pepper Quiche <span style="color: green;">V</span>	Vegetable & Lentil Stew <span style="color: green;">Ve</span>	Vegetable Quesadillas <span style="color: green;">V</span>	Veggie Sausage Roll <span style="color: green;">V</span>
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	Fresh Fruit Salad <span style="color: green;">Ve</span>	Shortbread Biscuits <span style="color: green;">V</span>	Sponge Cake with Jam & Whipped Cream <span style="color: green;">V</span>	Apple Flapjacks <span style="color: green;">V</span>	Cheese & Crackers <span style="color: green;">V</span>

















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# Lunch Menu Week 7



w/c 16th December	 Planet Friendly MONDAY	TUESDAY	 WEDNESDAY Christmas Dinner	THURSDAY	FRIDAY
<b>SOUP</b>	Chef Choice	Tomato & Basil	Roasted Vegetable Soup	Chef Choice	Chinese Sweetcorn
<b>HOT MAINS</b>	Veggie Spaghetti Bolognese with Garlic Bread 	Sausage Casserole	Roast Turkey, Roast Potatoes, Stuffing, Pigs in Blankets, Sprouts, Carrot & Turnip	Chef Choice of Curry & Rice	Fish Fingers or Salmon Fish Pie  with Chips & Mushy Peas
	Welsh Rarebit 	Individual Vegetable & Cheese Omelette 	Vegetarian Christmas Dinner 	Cheese & Tomato Toasties 	Sri Lankan Sweet potato & Coconut Curry 
<b>CHEF SPECIAL</b>	<b>Ask Chef about todays special!</b>				
<b>DESSERT</b>	'Chocolate' Fudge Cake 	Oat Cookies 	Christmas Tree Ice Creams 	Manchester Tart 	Cheese & Crackers 



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