

Our Confidentiality Policy

The service we provide is confidential and we will respect your privacy. We will ask for your consent before we share information about you with other agencies. However, if we feel that you, or someone else may be at risk, we may need to contact someone else. We would inform you of this first where appropriate.

Your Rights

YPAS is a rights respecting organisation and takes a rights based approach to our work. Everybody has rights no matter their age, who they are or where they are from.

For more information on your rights visit the link below.

 www.ypas.org.uk

YPAS has 3 hubs across Liverpool



For hub locations and opening times visit the link below or call us.

 www.ypas.org.uk

 0151 707 1025



Seedlings

Therapeutic services for Liverpool's primary schools

Assisting young people to reach their full potential

About Seedlings

Seedlings is a therapy service for Liverpool's primary schools.

If you feel a Primary school aged child may need to speak to a Seedlings therapist in school, we recommend in the first instance speak to the school's mental health lead to find out if a child's school accesses the Seedlings service.

If your school does not have a Seedlings service you can refer a child to be seen in a YPAS community hub by contacting clinical admin on 0151 707 1025.

How will this service help me?






The Seedlings team support the emotional needs of children allowing them to develop, grow and to build their resilience. Difficult feelings can affect relationships with important people in our lives, when these feelings are expressed in therapy it becomes easier to understand and make sense of.

Our Team



Our qualified & registered therapists provide a range of creative therapies that is age appropriate using a child centered approach.

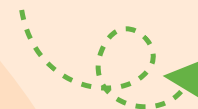
This may include:

-  Talking therapies
-  Arts therapies
-  Dance & Movement therapies
-  Drama therapy
-  Support and advice for families & school staff

Why are children referred to this service?



Children could be referred to Seedlings for a whole range of reasons, including a lack of confidence in their school work, peer relationships and difficulties at home. Sessions with a therapist can allow them some dedicated space and time to explore their feelings.



Who can refer a child?

Liverpool primary school's mental health lead can contact YPAS clinical admin team on 0151 707-1025.

If you have any concerns about a child's emotional wellbeing please speak to school's mental health lead.