

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish <i>We provide a variety of seasonal hot and cold dishes, for children to freely choose from.</i>	Beef Burger or Hot Dog served with Wedges and Beans	Homemade Cheesy Pasta Bake served with Garlic Bread	Ham/ Turkey Roast Dinner served with, Roast Potatoes, Seasonal Vegetables, Stuffing, Yorkies & Gravy	Fish Fingers served with Chips, Peas or Sweetcorn	Bank Holiday
Alternative Dish <i>Jacket Potatoes with tuna and other fillings available daily.</i>	Veggie Burger	Tuna Pasta or Beans on Toast	Cheese Quiche	Meat Free Roll	
Homemade Soup					
Starchy Food <i>Various bread choices available</i>	Wedges	Pasta	Roast Potatoes	Chips	
Vegetables <i>Salad bar with hummus</i>	Beans	Salad	Seasonal Vegetables	Peas/ Sweetcorn	
Dessert <i>Menu Choices may alter based upon school & pupil preference</i>	Yoghurts, Cheese & Crackers or Fresh Fruit	Sponge Selection, Yoghurts or Fresh Fruit	Ice Cream, Fruit or Yoghurts	Cheese and Crackers, Yoghurts or Fresh Fruit and Easter Surprise	
All our meat is farm assured as a welfare standard. Over 50% of our food is locally sourced and 30% is organic (subject to availability) We use Organic & Fairtrade Produce. Food for Thought use only free range eggs. FFT is a 'not for profit' School Company owned by its Partner Schools- Our Meals are prepared Daily					