

You're not my friend

PSHE year 6

PSHE- You're no my friend!

Read this story about two very close friend who fall out. The mean note written by Lucy in this story was only seen by Lucy and Matthew. It took a very long time for Lucy and Matthew's friendship to recover and Lucy deeply regretted her actions.



This is a true story. It happened thirty years ago, before people had computers.

Lucy and Matthew had been friends since before they could walk! Even before they could crawl! Their mothers were friends and they were born in the same hospital only days apart. By the time they were both ten, they had spent numerous holidays, days out, family barbeques, birthdays and parties together. They went to the same school and had always been in the same class. When they were younger, they played together at playtimes, but recently Matthew had started playing with the boys and Lucy had found friends among the girls.

On the day it happened, it was morning playtime. Lucy was already feeling a bit miserable. She had been away from school with a really bad cold and the other girls had made up a game while she was away which she didn't really understand or feel part of. She stood alone in the playground. She felt a bit ignored and sorry for herself.

Matthew was playing football like he did every playtime these days. She waved at him. He didn't wave back. Lucy walked over. 'Hey Matthew,' she called. 'Do you want to play with me?'

Matthew didn't reply or even look at her. He ran at Riley who had the ball. He tackled him but the ball bounced out of play.

Matthew held the ball over his shoulders, his arms straight, looking up and down the pitch. Lucy tapped him on the back.

'Matthew!' she said. 'I'm feeling really sad. Will you come and play with me?'

'Ooh, Matthew! Your girlfriend wants you!' shouted Riley loudly. The other boys laughed. 'Go and play with your girlfriend then!'

Riley shouted more loudly.

Matthew's face was red from football, but it grew even redder. He grasped the ball to his chest and threw it hard at Riley and then he turned to Lucy.

'Go away!' he cried. 'I don't want to play with you, Lucy. You're annoying! Leave me alone!'

Lucy couldn't concentrate at school for the rest of the day. When she got home, she ran straight up to her bedroom and lay on her bed.

Soon her pillow was wet with angry tears. She jumped up, tore a page out of her notebook and began to write. This is what she wrote:

I hate Matthew! I never want to be his friend again! He's stupid and ugly. I've never liked him and now I really hate him!

She drew a picture of him, making him look really thin. She added labels: spotty skin; four-eyes; stupid brain; flappy, big ears.

She put the note in a CD case.

Days went by and Matthew and Lucy made friends again. Matthew apologised and told Lucy that he was just embarrassed and that he didn't mean it. Their friendship was .

A few weeks later, Matthew came round for tea. They went up to Lucy's room to play some music. Matthew opened up a CD case and a note fell out.

'Don't open that!' exclaimed Lucy, a look of horror on her face. But he did.

Would Lucy and Matthew's story be different if it happened today, instead of 30 years ago?
Think about what Lucy might have done using technology when she felt upset and angry.
Write your ideas down.

What is social media anyway?



Can you come up with a definition for what social media is?
Define both 'social' and 'media'

What social media sites do you know?

Did you know that Facebook, Snapchat, Twitter, Instagram, Musical.ly and Skype all require users to be at least 13 years of age.

While these apps allow people to share news, opinions, photos and stories, thereby allowing them to keep in touch with others, there are risks with all of them.

Those risks will be explored today

As we have access to social media we all should think really hard before posting anything, as anything they put online is nearly impossible to remove and may come back to haunt you later!

What is a virtual friend?

Lucy and Matthew were, and still are, friends in the real world. However, many pupils have friends in the virtual world, including some they have never met, maybe through gaming or online groups.

Lots of people have friends like this through communities which share their interests and they may be located all over the globe.

However, people sometimes pretend to be someone they are not and pupils should NEVER arrange to meet an online friend in the real world without telling a trusted adult.

We looked last week of the importance of keeping passwords safe. So remember never share these online either.

Questions for you to answer and give reason

- Is it better to have 100 virtual friends or 10 real friends?
- Is it OK to post something mean anonymously?
- How can we show friendship in the real world and in the virtual world?

Complete this activity on the home learning overview

Things that friends do	Example of how you can show this in the real world	Example of how you can show this in the virtual world
Share interests		
Trust each other		
Laugh and have fun together		
Listen to and support each other		
Be there in times of trouble		
Include each other		
Do things together		
Make up after a falling out		
Celebrate successes		