



Relationships and Sex Education A Summary Grid for Journey In Love

| | Theme | Physical | Social | Emotional | Intellectual | Spiritual |
|-----------|---|---|--|---|--|--|
| Nursery | Term Topic | Autumn 1 Myself | Spring 1 Gathering | Autumn 2 Welcome | Spring 2 Growing Friends | Summer 2 Our World |
| | Curriculum Link | PSHE | PSHE | Circle Time | Circle Time | RE |
| | Wonder at God's Love Learning Objective: Children begin to know and understand that they are part of the wonder of God's love and creation. <i>Key words:</i> <i>God, wonder, love, creation, hands, fingers, nails, faces, noses, lips, ears, hair, features, colour, shape, size</i> | Children focus on their hands, eyes and faces | Do we all look the same? Boys and girls. We are all unique | Focus on facial expressions and the beauty of a smile. | What makes me happy and sad? | The wonders of God's world. I am part of God's special creation. |
| Reception | Term Topic | Autumn 1 Myself | Spring 1 Gathering | Autumn 2 Welcome | Spring 2 Growing Friends | Summer 2 Our World |
| | Curriculum Link | PSHE | PSHE | Circle Time | Circle Time | RE |
| | God loves each of us in our uniqueness Learning Objective: Children know and understand that God has made them unique and that although we are all different we are all special to him. <i>Key words:</i> <i>God, unique, different, special, eyes, hair, boy/girl, hands, fingers, name, family, love, womb, describe</i> | Does it matter if we are different? How are we different? | Who do I play with? Why does X play with me? Favourite games | How do you feel about your friends? Do you have other friends at home? Why do you play with them? | Is it important to have friends? Describe a good friend | Is Jesus our friend? Jesus makes children welcome -scripture. Who is the mother of Jesus? Jesus grew for nine months in Mary's womb. |

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|--------|---|--|--|---|---|---|
| Year 1 | Term Topic | Autumn 1 Family | Spring 2 Change | Autumn 2 Waiting | Summer 2 Neighbours | Spring 1 Special People |
| | Curriculum Link | RE | RE | RE | RE | RE |
| | We meet God's love in our family Learning objective: Children know and understand that they are growing and developing as members of their own family and God's family. <i>Key words:</i> <i>Unique, friend, God, important, different, special</i> | Who is in my family? Do you have babies in your family? Discuss differences and how babies change and grow. | Share their own growth and development. | What are the happiest moments in your family? What are the saddest moments? How is love shown in your family? | Why do we need to grow up in families? | We are members of God's family? How were we born into God's family? What special titles do we give to God as members of His family? |
| Year 2 | Term Topic | Autumn 2 Signs and Symbols | Autumn 1 Beginnings | Spring 1 Thanksgiving | Spring 2 Opportunity | Summer 2 Rules |
| | Curriculum Link | RE | RE | RE | RE | RE |
| | We meet God's love in the community Learning Objective: Children know and understand that they are growing and developing in a God-given community. <i>Key words:</i> <i>God, community, family, father/mother, carer/guardian, feelings, emotions</i> | Do you belong to a community? How do you belong to a community? | Is belonging to a community important? What do we receive/give? | How does a community help us to develop our feelings and emotions? Are we always happy in our community? | Could people feel alone even though they belong to a community? What are the advantages of being on your own? | If God is called 'Our Father' what does that make us? As children of God how should we treat each other? |



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| Year 3 | Term Topic Curriculum Link | Autumn 1 Getting to Know the Class PSHE | Spring 1 Listening and Sharing Come and See | Autumn 2 Anti-bullying Week PSHE | Spring 2 Choices Come and See | Summer 1 Mental Health Awareness Circle Time |
| | How we live in love Learning Objective: Children know and understand the virtues essential to friendship, e.g. loyalty, responsibility... and experience the importance both of forgiving and being forgiven and of celebrating God's forgiveness. <i>Key words:</i> <i>personal privacy, personal space</i> | Who takes care of me? How do I look after myself? How am I changing? | How do I keep myself safe? How do I help others to make and keep friends? How do I take care of others? | How do you feel when a friend is not there for you? ...you are not there for them? How can you be a more supportive friend? | Can you recognise the difference between being alone and being lonely? | How can I forgive and include others? |
| Year 4 | Term Topic Curriculum Link | Summer 1 Myself PSHE | Autumn 2 Anti- Bullying Week PSHE | Summer 1 Choices Come and See | Spring 1 Mental Health Awareness Circle Time | Summer 1 Giving Come and See |
| | God love us in our differences Learning Objective: Children know and understand that they are all different and celebrate these differences as they appreciate that God's love accepts us as we are and as we change. <i>Key words:</i> <i>gifts, talents, difference, development, change, conflict, appreciate, celebrate, achievement, male and female body parts</i> | Continue to recognise that all children grow and develop at different rates. Name male and female body parts and various functions. Development of baby in womb. | How do I learn to accept and celebrate who I am? How do I deal with difference and manage conflict? | How do I appreciate my own gifts, talents, achievements and all that makes me unique, and those of others? How do I deal with the natural, negative emotions that present themselves? | Can I identify and understand my feelings? How do I deal with feelings? | Love in scripture. |

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|--------|--|--|--|-----------|--------------|--|
| Year 5 | Term Topic Curriculum Link | Autumn 2 Animals Including Humans Science | Spring 1 Handling our Emotions PSHE-Circle Time | | | Summer 2 Mindfulness PSHE-Circle Time |
| | God loves me in my changing and development Learning Objective: Children know and become aware of the physical and emotional changes that accompany puberty - sensitivity, mood swings, anger, boredom etc. and grow further in their understanding of God's presence in their daily lives. <i>Key words:</i> <i>God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, menstruation, ovulation, production, reproduction, hormones</i> | Identify and celebrate changes since birth and the external/internal changes which happen in puberty. Recognise that these changes are a natural part of human growth and that physical change means the ability to become a parent. The purpose of the menstrual cycle is to prepare the female body for reproduction. Discuss menstruation and ovulation. | Recognise and reflect on social and emotional changes as we grow up. Reflect on ways to become more sensitive to the emotional development of ourselves and others. | | | Share understanding and celebrate the wonder of change. |
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| | Term Topic | Summer 2 Circle of Love | Summer 1 Friendship | Autumn 2 Relationships | | Summer 1 Creation |
|---------------|---|--|--|--|--|---|
| | Curriculum Link | PSHE | PSHE | PSHE | | RE |
| Year 6 | <p>The wonder of God's love in creating new life</p> <p>Learning Objective: Children develop, in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God.</p> <p><i>Key words:</i> <i>appropriate, dignity, sexuality, intercourse, conceive, relationship, uterus, fallopian tubes, marriage</i></p> | <p>Conception of human life, looking at illustrations of reproductive organs. Sexual intercourse as a joyful expression of love. Facts: penis is placed in vagina and releases sperm which swims to the uterus and into the fallopian tubes. Growth of baby.</p> | <p>Recognise signs of love expressed by those around us. Reflect on the different degrees of friendship which exist.</p> | <p>Developing relationships, love and commitment</p> | | <p>God created the natural process by which new life is brought into the world. The Church celebrates this in the Sacrament of Marriage</p> |